



LIGHT LUNCHES

Caesar Salad

With either Cajun chicken
or flaked poached salmon (F)
(E)(G)(M)(G)(GFA)

Prawn & Avocado Salad

Thousand Island citrus cocktail sauce,
brown bread & butter
(E)(CR)(M)(G)(GFA)(DFA)

Spa Ploughman's

Baked baguette, balsamic pickled onions,
baby artichokes, sun-blushed tomatoes,
celery sticks, Boxford Farms apple & apricot
chutney (S)(G)(C)(GFA)(VGA)(DFA)

With either:

Cornish Yarg and brie cheeses (M)

or

Smoked honey roasted carvery ham (E)(SS)

V = Vegetarian VG = Vegan VGA = Vegan Available
GF = Gluten Free GFA = Gluten Free Available DF = Dairy
Free DFA = Dairy Free Available S = Sulphites N = Nuts
NFA = Nut Free Available SS = Sesame SY - Soya E = Egg
F = Fish C = Celery M = Milk CR = Crustacean
P = Peanuts MO = Molluscs MU = Mustard G = Gluten