



# LIGHT LUNCHES

## Caesar Salad

With either Cajun chicken  
or flaked poached salmon (F)  
(E)(G)(M)(G)(GFA)

## Prawn & Avocado Salad

Thousand Island citrus cocktail sauce,  
brown bread & butter  
(E)(CR)(M)(G)(GFA)(DFA)

## Spa Ploughman's

Baked baguette, balsamic pickled onions,  
baby artichokes, sun-blushed tomatoes,  
celery sticks, Boxford Farms apple & apricot  
chutney (S)(G)(C)(GFA)(VGA)(DFA)

### With either:

Cornish Yarg and brie cheeses (M)

or

Smoked honey roasted carvery ham (E)(SS)

V = Vegetarian VG = Vegan VGA = Vegan Available  
GF = Gluten Free GFA = Gluten Free Available DF = Dairy  
Free DFA = Dairy Free Available S = Sulphites N = Nuts  
NFA = Nut Free Available SS = Sesame SY - Soya E = Egg  
F = Fish C = Celery M = Milk CR = Crustacean  
P = Peanuts MO = Molluscs MU = Mustard G = Gluten